

#### **Co-literate**

PIF - Partner Identification Form Organisation ID (OID): **E10309328** 

Hello partner,

We are happy that you are taking your time getting to know us and considering us as a partner for your project. We look forward to collaborating with you in meaningful ways.

We at Co-literate strive to be a considerate and trustworthy partner. Our organisation is built on principles of equity and diversity. In a partnership, we recognise the value of **p**artner **r**eliability, **o**penness, **c**uriosity, **e**ffort, and **s**hared **s**paces.

In fact, we believe that the **process** is as valuable as the outcomes.

### Here is our partner profile

Type of organization  - Is the organisation a public body?  - Is the organisation a non-profit?  - Has the organisation received any	NGO / Youth Association No Yes Not yet
accreditation? Full legal name of organisation	Co-literate
Name in Latin characters	Co-literate
Acronym	
National ID	NA
Department	
National Agency	Danish Agency for Science and Higher
	Education
Address	Vestre Ringgade 210 5TV
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Region	Region Midtjylland
Country	Denmark
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PIC / OID	947299382 / E10309328

Website	https://www.co-literate.dk
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We would love to chat, email, or meet in a Zoom call to talk about projects.

Hope to hear from you soon!

### A brief presentation

Co-literate is a for-purpose organisation created by a group of young professionals in the fields of medicine, public health, and the humanities during the European Year of Youth in 2022.

Co-literate is a platform for young people and their caregivers, health providers, educators, and other key collaborators to advance equitable access to health-related information, decision-making, and care. Our projects provide young people with tools and spaces to explore, co-create, and test ideas for advancing their health and wellbeing. The initiative is driven by our goal to provide safe and empowering experiences for young people as they explore difficult themes around their health and wellbeing.

We use the concept of co-literacy to encourage and enable collaborative understanding, evaluation, and action to address gaps and barriers in communication and information efforts. We aim to match young people's needs and expectations with effective interventions by cultivating connection, communication, and collaboration.

Our team has been actively involved in local and international youth projects, and as young professionals, we decided to set up a for-purpose youth organisation to operate as managers and partners in meaningful youth participation projects and activities. Our expertise and interests are in health equity and human rights, civic participation, social inclusion, diversity and minority issues, antidiscrimination, gender equality, and similar topics.

We see diversity as an asset and welcome perspectives, ideas, and expertise that broaden our scope of work and research. Our activities will be carried out with respect to our four principles:

### **Relevant experience and activities**

Our team has participated in Erasmus+ projects on gender equality and mental health and is currently developing projects within these frameworks with new partners. Our organisation has experience in carrying out projects and consultancies (non-Erasmus) and has coordinated youth projects in various areas. Health and equity are our current key focus areas, although we have experience in gender, sports, inclusion, arts, and other topics. We are always interested in how the topics work together to improve skills, knowledge, and (health) literacy.

We believe that we as young people are the experts in topics related to our own lives, health, and wellbeing. That is why we as an organisation aim to facilitate shared spaces for youth experiences and perspectives that advance equity, health, and wellbeing through codesign and compassion. We engage with difficult topics, and we are curious to learn about the challenges and solutions presented by the next project – it could be yours!

We collaborate with other European NGOs, national higher education institutions, international experts in health and education, and small-scale businesses who support our

activities and purpose. Our ambition is to create both short-term and lasting partnerships that support our youth activities and alliances.

# List of activities

Title of project	Description	Туре
Our minds, our Future – youth participation in mental health	Forthcoming - prospective partnership activity	Erasmus+
Got the jab? A participatory vaccine literacy research activity and study	The research study is based on participatory methods and digital data collection with young people. The project includes a digital vaccine literacy campaign coordinated by the organisation and the publishing of a research article in a scientific journal.	Non-Erasmus
The Catch Up – Quality Projects to Cap Gender Gap	Contact-making seminar with European and non-European partners with discussions of gender equality, cultural exchanges, and project development sessions.	Erasmus+
krOPSLUGT - Media and Body Image Literacy	The objective is to set up two Mental Health Literacy Labs focusing on the effects of social media on young people's mental health and actions for personal to policy interventions. Three YHL Labs involving 20-30 young people will take place during the academic year 2022-23. Labs are student-led and examine youth perspectives to inform stakeholders at organizational, institutional, and policy-level.	Non-Erasmus
Team Up – Youth Social Clubs for improved Physical and Mental Health	The project encourages the active participation of vulnerable young women at two Danish schools to improve their mental health and wellbeing. The project has set up social clubs at two Danish SOSU schools and developed a training manual for youth school ambassadors.	Non-Erasmus Consultancy
Knowledge and advice on gender identity: Supporting transgender children and young people in school, daycare, and families	The project aims to advance knowledge on gender identity issues among teachers, carers, and relatives. The organisation was involved in coordinating youth workshops and	Non-Erasmus

developing and distributing educational materials and quidelines.	
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# Scope of work

The above-mentioned activities and projects have indeed given the team the needed experience to collaborate and make an impact in a multinational environment. With youth health and wellbeing at the centre, our scope of work includes mental health awareness, health in education (including mental health curricula, sexual health education, health and medical literacy, social determinants of health), gender equity, physical health, and sports. Our work is always framed within participation and social inclusion, which is why we focus on non-formal education, participatory research design, developing methods for youth participation, co-creation workshops (social labs), and peer-to-peer training, exhibitions, or materials.

We are currently in the early phase of scaling the organisation. Five key volunteers coordinate the flow of projects, partnerships, and applications, while a larger number of participants run our labs and other youth activities. Volunteers and participants are recruited as new projects take place and the specific call for youth expertise, experience, and perspectives is defined.

#### Quality and evaluation

Our projects build on a model of health literacy assessment and co-creation design that ensure quality delivery and evaluation of interventions. The methodology is continuously tested when working with youth groups in various and diverse social contexts. We collaborate with stakeholders in education, health policymakers, and academics through participatory action research and validated co-creation processes.

# Legal representative

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## **Expertise of the key persons involved**

Key persons involved in the project will be our group of young professionals, who are involved in national and international programmes. They have a strong educational basis and know the value of collaborating with people coming from different cultural and social backgrounds. Project coordinators will be selected based on interests, previous experience, and competencies so we always have the right team members carrying out the project.

We want to make sure that we match projects with people and expertise. We are enthusiastic and experienced in our unique ways, and we are curious and excited to get to know your team too! We will provide detailed descriptions of relevant team members and their competencies upon request.

The project participants are young people aged 15-30 years from selected youth groups, collaborating organisations/schools, or higher education institutions. They form flexible project groups around common interests and projects. They usually have common interests in health promotion and communication and the topics of issues of access to care, equal opportunities, physical health, body issues, mental health, misinformation, equity, gender, digital health, etc.

#### Will we include participants with fewer opportunities?

In every project, we expect to include 1-2 participants with previous or existing experiences of social inequity and/or living with physical or mental health conditions. It is of ethical interest to involve youth with lived experiences, and therefore, initial recruitment will open the space for participants with fewer opportunities to voluntarily join and contribute to the project. As an ethical concern, it will be important that participation causes no harm and that the participants' conditions, needs, and perspectives are considered and respected throughout the project.